



## Covid-19 Safety Plan for Activity Leaders

Sept 2020

This plan is aimed at mitigating known risks around the transmission of Covid-19 as far as we possibly can.

- Face masks should be worn when entering the building, in communal areas and toilets. They can be removed once in meeting rooms where screens will be positioned on tables.
- Wall mounted sanitizer dispensers will be installed around the building with signage at appropriate locations and should be applied at the front door on entering the building
- Everyone should maintain 2 metre distancing at all times and keep to the left if passing in corridors

### Fitness class

The following is a list of agreed procedures instructors will adhere to, this will ensure that Government guidelines are followed.

- All participants facing one way (facing the windows)
- 2 metre zig zag pattern
- Participants to stand on X marked on the floor throughout exercise, within reason.
- Queuing system in place on corridor with 2 meter marks
- Hand sanitiser to be used on entering the fitness room.
- Instructor to ensure that register is taken and details are given for track and trace purposes.
- No sharing of pen's
- Instructor to face participants will wear a visor & stay in marked space.
- Windows will be opened to allow ventilation and fresh air circulation
- Fans can be used but only from the back of the room.
- Instructor to clean room down after Tuesday 1<sup>st</sup> class before the 2<sup>nd</sup> class commences.

**I confirm that I have read and understood this document and agree to abide by its recommendations.**

Name:

Organisation:

Name of Activity:

Safety plan / Risk Assessment: YES /NO ( If no please explain)

Date:

Signed:

Please return this completed form to [reception@langworthycornerstone.co.uk](mailto:reception@langworthycornerstone.co.uk) and retain one for yourself.