

BUGGY MOVERS

Free walking and jogging
group you can join with
your toddler.

Get outdoors, meet new
people and make an active
start with your child.

Your local group:

St. Philip's Church, Chapel Street
Mondays, 9.15am

Energise Centre, Broughton
Wednesdays, 9.15am

Langworthy Cornerstone
Wednesdays, 11am

Get in touch:

07729135051
[facebook.com/
BuggyMoversSalford](https://www.facebook.com/BuggyMoversSalford)



Salford

Clinical Commissioning Group

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LIFECENTRE

Energise Centre
Live life to the full

