



Meet Sarah Whitehead...

Sarah first began attending the Cornerstone on a 10 week Introduction to Face-painting course. She was running a group called Weaste Area Forum at the time, which provided a platform for local people to connect with the council and other service providers. She wanted to develop face painting skills so she could provide this service at local events. She really enjoyed the

course and continues to face paint at community events. "This course was excellent and the facilitator taught us all the basics and helped us buy our first set of paints. It gave us the knowledge and confidence to go and develop our skills further"

Sarah set up a Community Interest Company – Community Pride - who work to empower marginalised communities. Through this she attended training with "Wevolution" who promote Self Reliant Groups to help women get out of poverty by sharing skills, saving small amounts of money and setting up their own businesses. Sarah started "Love and Light Candles" as a way of demonstrating Self Reliant Groups to the community. The aim is to bring Self Reliant Groups to Salford in conjunction with Church Action on Poverty.

Sarah makes regular use of the Cornerstone and has booked rooms here for Community Pride training sessions. There was also a photographic exhibition held here called Every Day Life in Salford.

Doreen Burns first introduced Sarah to the Cornerstone and Sarah said " I have never looked back. I practically live here". Sarah is proud of her journey from being an unemployed member of the community to being a director of her own company and feels she has been supported by John Phillips, Chief Officer of Langworthy Cornerstone along the way.